



**Hazen Plastic Surgery and Hazen Medical Spa
Hair removal
Pre & Post Instructions**

Pre-treatment info:

Patients who are NOT candidates for this treatment:

- A patient who is pregnant or nursing.
- A patient who is tan or with recent sun exposure/sunburn at the time of treatment as this will increase side effects and reduce efficacy.

4 weeks before each treatment:

Stop tanning (outside, tanning beds, spray tan) as this will increase chances of adverse effects such as hyperpigmentation or hypopigmentation, blisters, and scars. Tanned skin will also decrease the efficacy of the laser treatment. We will not treat sun burned skin.

2 Weeks before each treatment:

Stop tweezing, waxing, and/or electrolysis to the area being treated. Shaving is accepted; however, hair must show minimal growth to be treated.

Stop antibiotics; certain antibiotics, such as Tetracycline, can make a patient photosensitive, please let the staff know if you are taking any antibiotics. Treatments can usually be performed 2 weeks AFTER completion of an antibiotic.

Post-treatment info:

The hair will still be present immediately following a treatment. It can take approximately 2 weeks for the hair to shed. Patients can shave in between treatments.

It is normal for the area treated to have redness and swelling. An ice pack and hydrocortisone cream can be applied on the area to reduce swelling and discomfort.

Please avoid sun-exposure and tanning beds up to 2 weeks post procedure.

It is important to continue with SPF use immediately after the treatment.

Sunless tanning can also be resumed any time after the treatment, however, avoid TWO weeks prior to the next treatment